

Tuesday, April 7

97 DAYS PAST

268 TO COME

"Milk Diet" Anemia.

The hemic poverty resulting from a prolonged "iron poor" milk diet during typhoid, or chronic nephritis disease, is often responsible for tardy convalescence. Such an iron lack can be prevented by administering **Pepto-Mangan (Gude)** both during and after the milk diet period, thus supplying the essential iron in the most tolerable, non-irritant and promptly assimilable form.

Weather Muddy at night - Temp.

The girls drove took Edna home
I fried meat + broiled it,
Eugene went to Okwell + got
his barrels + drawing swanure
all the four cows!

Billy 5-Polly 5-