

Tuesday, April 4

95 DAYS PAST

THURSDAY

271 TO COME

Treat the Hemic Defect.

More than frequently the operative cause of Amenorrhoea and other menstrual irregularities is Anemia of greater or lesser degree. To restore regularity the hemic defect should be directly treated. **Pepto-Mangan (Gude)**, by overcoming the deficiency of red cells and hemoglobin, is almost invariably successful in restoring regularity, unless serious organic disease is responsible for the anemic state.

Weather Cold North east wind
 Melba & I went to Ayliner, &
 got all three of our hats
 fixed up. I got me a new
 pair of slippers. We paid
 for Mauch's two pairs of
 rubbers. Cecil was over
 & helped, John Clear up
 his red coats & some for
 Charly Marchant. Eugene
 was sawing wood yesterday
 & today.

Mauch 5.