

**Saturday, December 11**

345 DAYS PAST

20 TO COME

**To Hasten Convalescence.**

Efforts directed toward the restoration and regeneration of a more or less depleted vital fluid are always in order during convalescence from an acute or exhausting disease. **Pepto-Mangan (Gude)** is an efficient aid toward such restoration, as it assists materially in compensating the blood deficiency which so often delays or postpones convalescence.

**Weather**

**Temp.**

*a fine day but very cold with a raw east wind. I took Battie out to Aylmer then home, Mrs Cox, Eveline & Laurence was over to night. Wilfred was up this morning, and after dinner skating.*

*Mariah 5*