

# Monday, July 12

## In Chronic Illness

the restoration of normal function, the reinforcement of vitality, and the fortification of the power of resistance, are the important therapeutic indications. Pepto-Mangan (Gude) is not simply a temporary restorative, but also a real blood constructor, and thus assists absorption, assimilation and nutrition generally.

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**Weather**
**Temp.**
*Warm*

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John & I did the washing  
& we ironed part of the clothes  
Maude went for the mail  
Eugene & Aleta was to  
Almer & came back for  
dinner. It was a terrible  
lightening storm last  
night & killed three of Morley  
King's cows. Every thing  
was flooded so we couldn't  
cut Ray Mariah 5- Billie 1/2