

Friday, September 11

254 DAYS PAST

III TO COME

Causation of Headaches.

Statistics show that of all headaches, 10 per cent. are due to a refractive error or faulty muscle condition of the eyes, and of all frontal headaches, 85 per cent. are due to eye strain. Abnormal conditions in the nose and accessory sinuses contribute very largely to etiological factors in the matter of headache. When any condition exists in this region which inhibits free drainage of the secretions from the frontal, sphenoidal and maxillary sinuses and ethmoidal cells, there is practically always headache resulting.

Weather

Temp.

Rather Cold

Boys at Eugene's sewing
his wheat. Girls went
to school.

Billy & Dell 1/2 Polly 1/2