

Sunday, May 23

143 DAYS PAST

222 TO COME

Because It Is Neutral.

That preparation of iron which enters most rapidly into the blood stream is the one capable of producing the best results in all disturbances of nutrition. Acid preparations of iron diminish the alkalinity of the blood and alkaline preparations offend the mucous lining of the alimentary tract. It is thus consistent with logic to prefer that preparation which is neutral in reaction. Such a preparation is **Pepto-Mangan (Gude)**.

Weather

Temp.

Rather an nice day
Girls & I went to church
then afternoon Girls went to
Sunday school. After milking
Girls their Father & I went
up to Aunt Bells. Eugene
took Jim to the Dr & came
back this way for a few
minutes!

Marial, & Billy 5.

3 TO COME

g fluid per
n most in-
has ceased
that is re-
supply of

shed was - her for cultivator

ls &
s
l
took
a-se
audies
ate
mer
plants