

Friday, August 30

243 DAYS PAST

Thursday 123 TO COME

The Anemia of Adolescence

is not a negligible quantity and should never be ignored. The correction of improper hygienic conditions, and injudicious habits of feeding, should be supplemented by the use of a non-irritant, readily absorbable, non-constipating hematic, such as Pepto-Mangan (Gude).

Weather

Temp.

Sprinkled a little
Girls went to Aylmer
Albert was up. John
dipped the wheat ground
drew a load of gravel
this afternoon & to night.
He has gone to Bonceus.
The Mauchie & I worked
Mauchie has been working
to night. We canned
blunty pears. Melba is
having a bad time with her