

Wednesday, October 9

283 DAYS PAST

Thursday

83 TO COME

Regenesis of the Red Cell

is an essential requirement after the subsidence of profuse hemorrhage from any cause. **Pepto-Mangan (Gude)** supplies the organism with the material necessary for the creation of new erythrocytes and the increase of the iron-holding, oxygen-bearing hemoglobin.

Weather

Rained

Temp.

I washed girls next to school. Mella & her Aunt^r was going to St Thomas, but as it rained they didn't go.

Mariah