

Wednesday, July 10

102 DAYS PAST

Thursday

174 TO COME

Nose and Throat Aphorisms.

Enlarged tonsils frequently shrink when adenoids are removed.

In removing adenoids, place blade of curette behind uvula, raise as high as possible at the same time lowering handle, then curette the entire width of naso-pharynx first in median line then on both sides. After bleeding has stopped look in pharynx for any shreds of tissue that may be left and remove with scissors.

Frequent attacks of cold in the head in children is alone almost conclusive evidence of adenoids.—*Med. Council.*

Weather

Temp.

A fine day
but cold & windy to night.
Melba & I went for the
cigar barrel to night to
Alta & Eugene & Dick
& Mr. Blute was here
now here, Alta finished
my dress. Alta & Melba
was to my linen for a bay
fork rope. I went berry
ing & game them to Alta
March 17