

# Monday, November 30

334 DAYS PAST

31 TO COME

## "Colds," Contagion and Fresh Air.

Acute rhinitis is, in my opinion, a contagious disease, communicable from one person to another. Since it may be such a serious and dangerous disease in infancy, babies should be kept away from adults, and older children suffering from "colds" almost as carefully as from those with the eruptive diseases. Fresh air, either in the house or out of doors, does not cause rhinitis, but is, next to the avoidance of exposure to other cases, the best preventive.—*Dr. John Lovett Morse; Detroit Medical Journal.*

Weather

Temp.

Rained & misted all day. I stayed all day with Pessie & came home with the girls when they came from school. They brought home a can of coal oil. Mrs Marchant is a little better to night.

Billy 7½