

Saturday, October 17

290 DAYS PAST

75 TO COME

Poultices as Sedatives.

One reason why the old-fashioned poultices fell into undeserved disrepute was the fact that poorly made poultices necessitated such frequent change that the evil wrought by the disturbance outweighed the good done by the poultice. Well-made poultices, retaining their heat from four to six hours, however, give so much relief from pain—thus acting as sedatives to the nervous system—that they may be classed among agents promoting rest.—*Dr. Solomon Solis-Cohen; Journ. A. M. A.*

Weather

Temp.

Maudie went to
Oyler this afternoon for
her lesson. John & Mella
made cider this morning
We put it all away.
Earl & line was out
Came & brought my old
hen home John bloughed
all the afternoon down in
Belly & Polly ^{the field by the} De 10/0 ^{east} ^{side}