

Saturday, August 10

223 DAYS PAST

Sunday

143 TO COME

The Sensible Method

of attacking Anemia and consequent general denutrition, is to supply the material in which the blood is deficient. **Pepto-Mangan (Gude)** is the ideal hematic restorative, and it throws no strain upon the functions of digestion, assimilation or excretion, and is, at the same time, pleasant to the taste, readily tolerable and devoid of constipating action.

Weather

A fine day

Temp.

Melba & I went to church this morning, and to night old Mariah went to Fair! people thought she was running away, but we thought it fun. Mr Goodfield preached today.

Mariah!!