

Monday, December 13

347 DAYS PAST

18 TO COME

The "Vis Medicatrix Naturæ"

must be aided, or more or less serious nutritional disorders are apt to follow even a simple primary Anemia. Pepto-Mangan (Gude), while prompt and efficient as a hematinic in all anemic conditions, is especially valuable when digestive debility exists, because of its palatability, blandness and freedom from astringent or constipating action.

Weather Snowed about Temp.

Snowed about two inches last night, & snow flurries off & on all day. I washed, took the girls to school & went for them, stayed to Mrs. McLeay while they was shoeing old Mariah, got linen for two good towels. John was home all day.

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