

Saturday, October 21

295 DAYS PAST

71 TO COME

An Essential Requirement.

Vitalization of the red cell must be accomplished after the subsidence of profuse hemorrhage from any cause. Pepto-Mangan (Gude) supplies the organism with the material necessary for the creation of new erythrocytes and the increase of the iron-holding, oxygen-bearing hemoglobin.

Weather

Temp.

A dull day
Maudie went to Arthur
Earl Adams came, &
he & Mella gathered the
apples. John ploughed
John Skinner are thrashing
I washed & ironed
to night. We have all
worked hard to day.

Mariah 5