

Eggs 3

Wednesday, January 5

5 DAYS PAST

361 TO COME

To Avoid Nutritional Disorders.

The "Vis Medicatrix Naturæ" must be aided, or more or less serious nutritional disorders are apt to follow even a simple primary Anemia. Pepto-Mangan (Gude), while prompt and efficient as a hematinic in all anemic conditions, is especially valuable when digestive debility exists, because of its palatability, blandness and freedom from astringent or constipating action.

Weather

Temp.

Rained all day
& thawed, very icy & slippery
You can scarcely walk around
Mr. Boy was over to night &
brought a piece of meat.
I dried a shoulder to day
Turning colder to night.
Bevil Baxter died this
afternoon with appendicitis.

March 5