

Saturday, May 6

127 DAYS PAST

MONDAY

239 TO COME

Normal Exchange and Interchange.

The waste and repair of blood and tissue depend upon normal oxygenation of the circulating fluid. When there exists an essential "iron lack" in the blood, normal exchange and interchange are deficient in both character and extent. **Pepto-Mangan (Gude)** supplies the necessary hemoglobin-producing material, in promptly assimilable form: in Anemic, Chlorotic and Marasmic conditions.

Weather

Temp.

A fine warm day
I have been papering the
summer kitchen have it
about one half done. John
took the milk this morning
& has been ploughing the
corn ground. I haven't
been very well.

March 5