

# Sunday, June 6

157 DAYS PAST

208 TO COME

## A Gentle Encouragement

of the functions of digestion, absorption and assimilation is sometimes needed in conditions of slow vital interchange characteristic of old age. **Pepto-Mangan (Gude)** exerts a sufficiently stimulating and generally tonic action to encourage the better digestion and more complete absorption of food, and, at the same time, increases the vitality and nutrition of the blood, without deranging the digestion or causing constipation.

Weather

Temp.

a fine day  
but rather cool, Alena & Eugene  
was over, at six this morning  
came for breakfast & stayed  
for dinner. Maudie & Mella  
went to Sunday school.  
Eric & Maude Abell were at  
Mr. Cox's for dinner. Eugene  
got me hunched & fifty five  
dollars for last month's cheese  
cheques

Mariah 5