

5

Saturday, February 12

43 DAYS PAST

TUESDAY

323 TO COME

A Hemic Conservator.

Overwork, stress or strain will not infrequently result, in the final instance, in general denutrition and anemia. The cause being once removed or remedied, an upbuilding campaign is in order. **Pepto-Mangan (Gude)** is of distinct value as a blood constructor and conservator in such cases. It not only increases the number of erythrocytes but also aids in their vitalization.

Weather

Temp.

Rained all day, but was very warm and sort of foggy. Mr. Dance got his horse down at noon. Melba and Jady went to Kingsmill in the morning. Clarence, Cecil and dad broke the roads. We stayed home from school on account of the roads. Pa got him a new pair of rubbers. The roads was so bad with snow & water Melba didn't try to go to school.