

6990 20  
**Sunday, March 19**

79 DAYS PAST

287 TO COME

**Meets an Urgent Need.**

The essential cause of the Anemia which sometimes follows typhoid is often an "iron poor" milk diet, prolonged for several weeks. The resulting blood state, and the prostration incident to a long continued illness, urgently calls for hematinic and supportive measures during convalescence. **Pepto-Mangan (Gude)** eligibly supplies the essential material for hematic reconstruction and general constitutional revitalization.

Weather

Temp.

Very cold this  
Morning & blustery. John  
David called for the washing  
machine & I was home all  
day. Nothing more