

Sunday, January 23

23 DAYS PAST

WEDNESDAY

343 TO COME

It Has Been Demonstrated

by such German scientists as Bunge, Hamburger, Schmie-  
deberg, and others, that of the different preparations of  
iron, only the organic form can be absorbed and assim-  
ilated in any appreciable quantity; that only organic com-  
pounds of iron are taken up and make hemoglobin.  
**Pepto-Mangan (Gude)** possesses these qualities; it is an  
organic solution of iron and manganese, as manufactured  
by Dr. A. Gude & Co., chemists, Leipzig, Germany.

Weather

Very cold this

Temp.

Morning but warmer to night  
snowed about an inch  
last night. John went  
with the milk & brought  
Maude Abell back. She went  
out to Aylmer, with Eva  
this afternoon & got Mrs  
Beckham to help her come  
with Maudie's dress. Alber-  
was here & had John cleaned  
kedge rats for Alber & Eugene  
Maudie went back for Maude  
Abell when she got Bill & Maude &

3  
I'll be out & see them  
School from long  
Came from