

Thursday, July 25

207 DAYS PAST

Friday

159 TO COME

**An Uplifting Trinity.**

The Anemia of Innutrition so frequently observed in patients of all ages, is symptomatic of a general devitalization. Fresh air, nourishing food and **Pepto-Mangan (Gude)** constitute a reconstructive trinity of marked and certain value, the last named agent increasing the oxygen-bearing capacity of the blood stream, and thus aiding directly in the absorption and appropriation of the increased food supply.

Weather

Warm.

Temp.

Had the telephone girls out to night. Cerie Anna, I with Jera Auger, Yelma Harris, Miss Heber, Inabell Fitzpatrick, Gertrude Mills & Lena, Alice Lewis, Grace & Gene Appelford, Gertrude brought them I went to Aylmer, Mariah &