

Saturday, January 16

16 DAYS PAST

349 TO COME

Arteriosclerosis.

1. Rest for whole body and particularly any organs specially involved in sclerotic process. 2. Diet such as will avoid all digestive disturbances. 3. Judicious restriction of fluids. 4. Systematic hydrotherapy, carbon dioxide baths or electric baths. 5. Iodides only where angina pectoris, syphilis, or eye affections due to sclerosis of retinal artery. 6. Diuretin, especially valuable in angina pectoris and tobacco heart; lowers blood-pressure markedly after some weeks' administration.—Von Noorden.

Weather

Temp.

Warm & thawing weather good sleighing may be wheeling but the most of people are going with cutters. Grandma went to Aylmer & got the mail. Della & I stayed home. Eugene was over helping his Pa draw wood for the first day. Alita came as far as her mother & stayed with her. Mr Ackham came & took Billy sheep over to his place to day
Billy's

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