

Wednesday, June 30

181 DAYS PAST

184 TO COME

Oxygen-Carrying Capacity

must be imparted to the blood stream to relieve Anemia and allied conditions. A relative deficiency of oxygen is usually due to a lack of hemoglobin and erythrocytes, the oxygen-bearing elements of the circulating fluid. **Pepto-Mangan (Gude)**, by virtue of its promptly available organic iron and manganese, efficiently stimulates the formation of the essential blood-enriching constituents, and thus insures a better supply of oxygen to cell and tissue.

Weather

Temp.

A fine day but rather warm. Little Gene French came out for the day & the girls & her went for the mail & she came back with them Maudie & I did another large washing & we did lots of the ironings to day. Someth'ing came last night & took 6 or 6 chickens, John went to Mill & this afternoon dressmanere Polley 7 1/2 Mariah 6

185 TO COME

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22 Polley 7 1/2

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