

# Saturday, July 17

198 DAYS PAST

167 TO COME

## Bites of Insects.

Take 1 ounce of Epsom salt and dissolve it in 1 pint of water, wet a bath cloth so that it will not drip and rub the body well all over, and not wipe afterward but dress, and flies, gnats, fleas, bedbugs, mosquitoes, etc., will never touch you. If one is exposed more than usual, being near water, or in a forest, then make a somewhat stronger solution, wet a cloth and rub the face, neck, ears and hands well—do not wipe, but allow it to dry; it will leave a fine powder over the surface that the most blood-thirsty insect will not attack. Besides, the solution is healing and cleansing; it will heal the bites, subdue the consequent inflammation, and cure many diseases of the skin.—Neal.

Weather

Temp.

Warm. I got two quarts  
 of wild raspberries.  
 Maude went to King's creek  
 for Aunt Ella. Joe got  
 the mail, to none of us  
 was to Aylmer. Boy's  
 Paris greened the potatoes  
 & then dries in hay the  
 rest of the day  
 Polly  $2\frac{1}{2}$  Pilly  $2\frac{1}{2}$  Mariah 4

199 DAYS

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