

Tuesday, November 12

317 DAYS PAST

Wednesday 49 TO COME

A Continuous Drain

upon vitality almost always leaves its traces upon the organism generally, and especially upon the blood, in the form of Anemia. This is especially true of prolonged lactation. **Pepto-Mangan (Gude)** does not check the drain, but, by stimulating blood formation, helps to make good the vital loss, and is thus of distinct service to both mother and child.

Weather

Temp.

*Muddy rained
came in the night.
I washed. Maude went
to school, John ploughed
I was over to Mrs. Loves
& to Eva a little while*

March 5.