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Friday, November 5

309 DAYS PAST

56 TO COME

The Necessary Material Aid

to initiate blood and tissue reconstruction should be afforded to the patient suffering from the Anemia of Malnutrition. While this condition cannot be entirely overcome by hematinics alone, a non-irritant, promptly absorbable, non-constipating ferruginous tonic, such as **Pepto-Mangan (Gude)**, assists decidedly in any general upbuilding regimen adopted by the physician.

Weather

Temp.

A fine day
but rather cool! Girls drove
to school. Joe came back
then walked back to Aylmer
& took old Mariah & went for
his trunk. Cecil Baxter
brought the girls home. Dr
went to St Thomas with the
to a Doctors gathering.
I finished gathering the
turnips. Now the roots are
all gathered.

Mariah 10