

# Friday, January 1

I DAY PAST

364 TO COME

At the Beginning, as well as at the End of the Year,  
prescribe

## Peplo-Mandān ("Gude")

as tonic, blood builder and general reconstructive.

Weather

Temp.

Cold & snowing. Maude & I  
went to Aylmer for the mail,  
& took Mrs West over some things  
for to eat. We stayed to Mrs  
McLeays for tea, had oysters  
& I found a pearl

Drove Billey 6 miles