

Monday, August 14

227 DAYS PAST

139 TO COME

The Blood Deficiency in Chlorosis.

Hemoglobinemia is the blood deficiency especially characteristic of Chlorosis. **Pepto-Mangan (Gude)** supplies the iron and manganese, in quickly absorbable form, to fortify and increase the hemoglobin of the vital fluid. It does this without disturbing digestion, and is, unquestionably, the most agreeable, dependable and generally available preparation with which to accomplish this necessary purpose.

Weather

Temp.

Fine & not too hot.
Marta & I got up at 5. a.m., had
washing on line at 9. a.m. Did all
the ironing that night. Mrs. Bingham
& I went to town. Got first letter from
you. mother and sent one to mother.
Did some sewing. Made a waist.
Dr. Pickering was out. Wilfred was
here in the fore-noon. Mrs. M^c Lay
& Maud were here to see Marta on way
home from farm while I was in town.
I got Mrs. M^c Lay's mail for Agnes &
forgot & brought the key home with
Marta 5 miles. me.