

Wednesday, October 27

300 DAYS PAST

65 TO COME

Fractures at the Ankle.

have since the advent of the X-ray been shown to be more common than was formerly believed. Many cases of "bad sprains" are in the radiograph seen to be fracture of the malleolus. Hence in all doubtful cases the X-ray should be used. Where this is not possible, treat as a fracture. Our best results, even in sprains, have been obtained by the use of a fixed dressing for two weeks, after which massage, local heat and passive motion are used until complete function is regained.—*Interstate Med. Journ.*

Weather

a fine day

Temp.

I took the girls & Corvina went for them. I got me two pairs of new shoes & over shoes. John ploughed all day & at night went for a sheep to Ben Marshalls. I washed & made a new pair of curtains for the girls bedroom down stairs.

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