

Sunday, June 23

175 DAYS PAST

*Monday*

191 TO COME

**The Necessary Material Aid**

to initiate blood and tissue reconstruction should be afforded to the patient suffering from the Anemia of Malnutrition. While this condition cannot be entirely overcome by hematinics alone, a non-irritant, promptly absorbable, non-constipating ferruginous tonic, such as **Pepto-Mangan (Gude)**, assists decidedly in any general upbuilding regimen adopted by the physician.

**Weather**

**Temp.**

*a fine day*

*Maudie didn't go to school. Mella & I went to Aymer. Maudie had a swarm of bees & Anna McTaggart came & got them. Mella sold two pairs of rabbits, sold our wool to B Dingham*

*Mariah 5-*