

Wednesday, August 16

229 DAYS PAST

137 TO COME

An Important Factor

in the relief of anemic conditions is the encouragement of corpuscular reconstruction. **Pepto-Mangan (Gude)** not only builds new and restores old, broken down red cells, but also increases the proportion of the vital element of these cells, i.e., the iron containing, oxygen-carrying hemoglobin.

Weather

Shine all day.

Temp.

Got real warm during the day.
Melba + papa went to town to take
Arthur Gubbins to the station.
Gene was here for dinner + gave
Polly a dypidemic injection. Had
beef steak for dinner. Got Mariah
new shoes all round. Got letter
from Mamma. No visitors.
No man to-night. Irishman's
picnic. 500 automobiles went
through Aylmer in 2 hours this
morning.
Mariah 5 miles.