

Saturday, June 29

181 DAYS PAST

185 TO COME

A Stimulus to Blood Construction

is often necessary to maintain a natural balance between waste and repair. Metabolic equilibrium depends upon a normal nutritive income, a proper interchange between blood and tissue, and a normal excretory outgo. **Pepto-Mangan (Gude)** supplies the necessary stimulus to corpuscular reconstruction and hemoglobin creation in all conditions of general blood and tissue devitalization.

Weather

Temp.

A fine day
but cool. Mabel & I
went to church in the
morning & after dinner
Mr. & Skinner & wife
Alice & Clifford, John
& I went to the Tatter
Gully & by Burwell.
Maudie Mabel & Mr. Brown
& young people went
to Burwell. I was over
to Mr. Coles in the evening
March 5.