

### The Pallid School Girl.

In view of the modern methods of education, which force the scholar at top speed, it is not to be wondered at that the strenuous courses of study prescribed for the adolescent girl more than frequently result in a general break-down of both health and spirits. Each winter the physician is consulted in such cases and almost always finds the patient anemic, nervous and more or less devitalized. In most instances a rest of a week or two, together with an efficient tonic, enables the patient to take up her school work again with renewed energy. **Pepto-Mangan (Gude)** is just the hematinic needed, as it acts promptly to increase the red cells and hemoglobin, and to tune up the organism generally. It is particularly suitable for young girls because it never induces or increases constipation.