

# Saturday, September 18

261 DAYS PAST

104 TO COME

## To Maintain the Vital Processes,

iron is essential, as it is the vital oxygen-carrying element of the blood. In anemic states **Pepto-Mangan (Gude)** furnishes iron (and manganese, its oxygenating partner) in a form peculiarly acceptable to the digestion, promptly absorbable and readily appropriable by the blood.

Weather

Temp.

Rained, this morning  
Cool, Joe was helping Mr  
Gleber thrash. John was turning  
the oats all day. Mr Gough helped  
him this afternoon. Mr  
Davidson came here to  
thrash, brought his machine  
intends to thrash Monday.  
Gordon Campbell was here  
for dinner today. Maude's  
Ouelin took him home then  
Ouelin was here with Maude's  
by supper <sup>then the 9 into 4 3 went over</sup> Maude's 12