

Sunday, November 15

319 DAYS PAST

46 TO COME

A Proper Ratio

between repair and waste must be maintained in order to strike a physiologic balance. Any appreciable blood deficiency must be corrected, and a blood stream of structural integrity must be created and maintained. **Pepto-Mangan (Gude)** enables a physiologic balance to be struck, by furnishing the essential ferric and manganic elements in all conditions of vital under-capitalization.

Weather

Temp.

Cold & rained all day  
We put the Calves & Cows  
in only turning them out  
long enough to get  
water. We were all home  
all day. Mrs Cox & Evelyn  
& Cecil were over &  
stayed the evening