

6990 f

Thursday, December 10 //

345 DAYS PAST

Tuesday

21 TO COME

Pepto-Mangan (Gude) is an ideal ferruginous preparation, because:

1. It causes a rapid increase in the number of red blood corpuscles and the percentage of hemoglobin.
2. It does not derange the stomach in any way.
3. Far from causing anorexia, it actually increases the appetite.
4. It is palatable—a point of great importance in the treatment of women and children.
5. It does not constipate.
6. It does not affect the teeth.

Very cold this morning, but
 great warmer in the day. I
 am fifty faws to day. Mr.
 Coy was here for dinner. He help
 ed John take the pump out
 & they thawed, it, it was frozen
 up. The snow banks are as
 high as the rail fences
 behind the south barn. John
 had to shovel a road for the
 cows to get to the pond.
 March 6