

Saturday, August 31

244 DAYS PAST

Friday 29

122 TO COME

Nose and Throat Aphorisms.

In examining larynx do not pull the tongue hard enough to wound the frenum. If necessary a little gauze may be placed between the teeth and tongue to protect it.

Always warm mirror to prevent clouding.

Have patient bend toward operator, as this makes examination easier.

Sounding the letter "e" arches the palate and at the same time depresses the tongue. The letter "a" arches the tongue and interferes with the view of the larynx.—*Med. Council*

Weather

Temp.

a fine day

*Girls & I went to Dr. Ayler
after supper & the girls
went to Mable Fitzpatrick's
saw the evening & stayed
to Mrs. Belines. Maudie
finished ironing & John
drew gravel*

Monday 6