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# Saturday, June 26

177 DAYS PAST

188 TO COME

## A Slow Interchange of Tissue

characterizes chronic illness and indicates a disturbed balance between nutritive income and excretory outgo. Alterative treatment is incomplete without the aid of an efficient hematinic. In most cases the patient is anemic and needs such a product as **Pepto-Mangan (Gude)**, as a general blood constructor and contributor of vital force and energy.

Weather

Temp.

Very warm  
John went over to Eugene's but  
left the tramp home with us  
for a part all day. I cleaned  
the Maudah & Maudie  
Helen did all the collar screens  
& painted them also the  
kitchen Lardolium, the  
varnished. I Henry in the evening  
Maudie & her father went to  
aymer after Maudie they came  
back from taking the milk to  
the factory. I & my mother &  
Byron Bobson were here Pol / 3 Billie etc