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or the insane  
Williams; Med.

# Friday, July 30

## The Direct Blood Poverty

caused by acute hemorrhage must be compensated for. First of all, by saline infusion to replace the volume of fluid, and subsequently, by recreation of red cells and hemoglobin. **Pepto-Mangan (Gude)** is the most available agent for the latter purpose, as it is so readily tolerable and immediately absorbable as to insure the rapid and complete assimilation of its blood-building ferruginous and manganic elements.

Weather *rained a little* Temp.

*But this afternoon Joe Young helped John & they drew in the load of hay then they bunched up about five loads & I helped Joe milk Mella took Auntie to Eugene & ~~Maude & Mella~~ & I was home ~~at~~ Mella took Auntie to Eugene about four o'clock & then home Alfred was up a little while this evening Our wheat & nearly every persons around here is growing some four has sprouted from two to three inches. Polley's carrots*

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