

Thursday, August 10

223 DAYS PAST

143 TO COME

Disturbed Nutritive Balance.

A slow interchange of tissue characterizes chronic illness and indicates a disturbed balance between nutritive income and excretory outgo. Alterative treatment is incomplete without the aid of an efficient hematinic. In most cases the patient is anemic and needs such a product as **Pepto-Mangan (Gude)**, as a general blood constructor and contributor of vital force and energy.

Weather

Temp.

A fine day

Girls came home from Eugene today. This afternoon, Eugene & Heurt was here on their way home from a play, stayed to tea & sent Alita as Colby that I made home to her Mariah &

John helped the pump shingle