

Wednesday, August 18

230 DAYS PAST

135 TO COME

Assimilable Iron

is the *only* ferruginous tonic with most invalids. Crude metallic salts often are not absorbed, to say nothing of being assimilated. Pepto-Mangan (Gude) is in a form readily absorbed by the digestive tract of the invalid and as readily assimilated. We give the sick man readily digested food, and we should do the same thing with his medicine.—*Med. Council.*

Weather

Temp.

Le old John ploughed all day
Melba's her Auntie went to Aylus
this morning. I made Aletawa
a pair of pillow slips, trimmed
with clove leaf lace & insertion
to match & Eugene's a new
hat for their wedding anniversary.
The Dr. was here to night but
Naudie is much better Mrs
McLeay was out this afternoon
a few minutes. Mack tried
the binder out & made a pair
for a. Ben. Thompson is going
to thrash towards Maria's b.

231 DAYS

in Anem
skin and
nation i
organic
furnishes
immedia
redder b

Weather

John
Sut
Geo
Hiebob
went
the re
bed.
pillow
Bell
yester
to Ayl
took the
Billey