

Tuesday, April 21

111 DAYS PAST

254 TO COME

The General Therapy of Convalescence.

Among all of the general supportive measures in convalescent cases, none is more essential than the reconstruction of a blood stream of vital integrity and sufficiency. Pepto-Mangan (Gude) is distinctly valuable in this field, as it furnishes the necessary material for blood building (iron and manganese) in such form as to insure its prompt absorption and appropriation. One special advantage is the avoidance of digestive disturbance and constipation.

Weather

Temp.

Very cold, raining a little
to night. I drove the girls to
school, drove Polly and bought
a bag of timothy seed. when
I came home John took the
team & went over to Eugene
Eugene took Billy & Kelly over
this morning & started seeding
and went to Brands & I cleaned
the yard & Maudie stayed to
Aunty & lines. Mella road to
the corner with Eline then walked
home
Billy 6. Polly 11. Lydia 12 x