

~~Friday, April 28~~

119 DAYS PAST

SUNDAY

247 TO COME

The Rational Method

of restoring the menstrual flow, in cases of suppression or irregularity, is to overcome the chlor-anemic state which is the usual operative factor. **Pepto-Mangan (Gude)** is, in this sense, a physiologic emmenagogue, as it re-establishes menstruation without exciting or irritating the generative system.

Weather Warm and rained after Temp.

six o'clock until morning. Mother and Melba were out to see Aleta, and baby was very sick with diarrhoea and cold on his lungs. We stopped in a minute and seen Aunt Belle on the way back. Two more shambo to-day. Mothers hand a little better.

Mariah 14