

Sunday, December 17

352 DAYS PAST

14 TO COME

Geriatric Aphorisms—No. 24.

Soft stools are more important than daily stools.

Keep dishes of water on hot air radiators and stoves in winter. The excessively dry atmosphere of houses so heated increases the dryness of the throat and bronchial tubes causing further atrophy of the mucous glands.—Nascher; Amer. Med.

Weather Snowed about <sup>Temp.</sup> <sup>Very</sup> <sup>cold</sup>  
ten inches on the level  
was as light a down,  
Snowed a little off & on  
all day. Girls went down  
to Mrs Able's & got some  
buttermilk & gave them  
some apples. Pa was  
down to Sheds this after  
noon. Girls used the  
Cutler

Mariah & three