

received my card
of Dr. Johnson

Thursday, August 6

218 DAYS PAST

147 TO COME

Heat Prostration.

Ice or cold applications to the head are almost invariably indicated. If the face is flushed, the skin red and hot, the pulse bounding and the heart acting tumultuously, the entire body should be rubbed with ice or bathed with cold water. Cold drinks are indicated. If the surface of the body is cool, use warm applications, mustard to the feet and internally hot drinks, whiskey, ammonia, etc.

Weather

Temp.

Fine day.

Went to Mrs. Mc. Says in the forenoon, Mamma, Melba + I did. Stayed for dinner and back about 4 o'clock. Melba + I went to Wilfred's and stayed from 4.30 to 7.30 and had a lunch on the Lawn. She colt (Richo) hert mamma in the face. So badely that the Dr. had to put the round by ether with blasters Polly 12 Dell 12 Billy 18

The boys finished cutting Cypers

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