

## Sunday, December 26

360 DAYS PAST

5 TO COME

### Preparation for Laparotomy.

It is a mistake to diet a patient too severely. Many a naturally strong patient has been so strictly dieted and so severely purged before operation as to be brought to the operating table almost on the verge of collapse. The patient should be allowed to eat almost ad libitum up to and including the evening meal the day before the operation. A moderate dose of castor oil or liquid albolin given the night before and a properly given enema—preferably of soap suds—ought to be sufficient to put the bowels in proper condition.—*Eastman; Journ. Indiana State Med. Assoc.*

Weather

Temp.

rather cold  
good sleighing no storm  
to day. Girls & I went to  
Church had a lovely  
time, a good sermon by  
Mitchell preached a delightful  
singing, Girls & Evelyn went  
to Sunday school, John was  
to Mr. Coles all the afternoon,  
Mr. Lee was here this evening, Girls  
was over to Evelyn's sister's, Maria's

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