

Monday

Saturday, February 3

34 DAYS PAST

332 TO COME

Treatment of Pneumonia.

The great needs of the body in pneumonia are plenty of air, water and rest. Over-feeding and wrong feeding are responsible for a loss of energy used up in an attempt to digest, assimilate, and excrete unsuitable foods. Meat broths are not useful because they make no energy and tax the kidneys. Sugar is a valuable energy-producing food and leaves nothing but water and carbon dioxide to be eliminated. Failure to keep the patient in a horizontal position so as to aid the heart in carrying on the circulation is responsible for many deaths.—Dr. G. Werley: *The Hospital*.

Weather

Temp.

Nice day, but cloudy towards night. Sprinkle rain this evening. Mr. Cox, Cecil, Clarence helped Pa kill two pigs before dinner. Father scraped the roads to-day. Mother and I raked the yard and had bon fires. Took and went for Grace. Eugene was here to-night. Mr. Cox came over and helped take in pigs. Then Cecil came latter.

Martha 5-