

The After Care of La Grippe.

Among all of the infectious diseases to which human flesh is heir there seems to be none which so literally "takes the life out of one" as epidemic influenza, popularly known as La Grippe. Even though the acute febrile period of the disease may be comparatively short, from one to three or four days, the after results may persist for many weeks. The respiratory catarrhs that so frequently complicate and follow the Grippe hang on with a tight hold, in spite of all treatment directed to the respiratory tract, and the prostration which succeeds the acute infection is usually out of all proportion to the duration of the attack. Much, however, may be accomplished by careful attention to nutrition, etc., supplemented by the use of an easily tolerable, readily assimilable tonic and reconstructive such as **Pepto-Mangar (Gude)**. This well-known and dependable blood-builder certainly aids materially to hasten convalescence, by stimulating the appetite, creating new red cells and hemoglobin and acting as a general reconstituent.