

Monday, May 8

129 DAYS PAST

237 TO COME

A Stimulator of Hemic Vitality.

The Bloodlessness of General Devitalization, or what is sometimes termed Nutritional Anemia, requires special dietetic attention. In addition to this a stimulator of hemic vitality, such as **Pepto-Mangan (Gude)**, is distinctly useful for the purpose of encouraging hematopoiesis and acting as a general tonic to both blood and tissues.

Weather

Temp.

Rather an nice day, but rained this morning, Charley washed for me before going away, he went this afternoon road to Aplum with Cecil Cox, Mark went to take John to Kingmill for his steel shingles for the horse Mariah 10

had a
Thomas George & Litchell