

Sunday, July 23

205 DAYS PAST

TUESDAY

161 TO COME

To Stimulate and Encourage

the formation of a physiologically potent vital fluid, the necessary material for its generation and construction must be supplied. Pepto-Mangan (Gude) furnishes the essential material in the form of immediately absorbable, assimilable and appropriable peptones of iron and manganese, which serve to increase the hemoglobin and create new red cells.

Weather

Temp.

Hot. Mella Mandie went to Aylmer, & took her french lesson. I have been podding peas all day & this afternoon Mella helped me my thumbs are so sore. we did eleven quarts. John has been drawing manure. Such a lot of men has been drawing the canning house peas from the leaves. Cecil is home tonight - for a week Marie's